

All meals are prepared fresh on the day using local fresh products wherever possible; therefore, menus are subject to change depending upon availability. On offer every day will be homemade bread, our salad bar and fresh fruit. Jacket potatoes will be served with a choice of Tuna Mayo, Cheese or Beans. Sandwiches are either ham or cheese.

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Pork Meatballs with Homemade Tomato Sauce & Pasta (G)	Homemade Pepperoni Pizza with diced potatoes (D & G)	Mild Homemade Chicken Tikka Masala with Rice & Naan (D & G)	Beef Burger in a Bun with Wedges (G)	Breaded Fish Fingers & Fries (F)
Meat Free Meal	Quorn Balls with Homemade Tomato Sauce & Pasta (G)	Homemade Cheese Pizza with diced potatoes (D & G)	Mild Homemade Quorn Tikka Masala with Rice & Naan (G)	Quorn Burger in a Bun with Wedges (G)	Breaded Vegetable Fingers & Fries
Alternative Option	Jacket Potato with choice of filling or Sandwich of the Day with veg sticks	Jacket Potato with choice of filling or Sandwich of the Day with veg sticks	Jacket Potato with choice of filling or Sandwich of the Day with veg sticks	Jacket Potato with choice of filling or Sandwich of the Day with veg sticks	Jacket Potato with choice of filling or Sandwich of the Day with veg sticks
Vegetables	Vegetable of the Day or Salad Bar	Vegetable of the Day or Salad Bar	Vegetable of the Day or Salad Bar	Vegetable of the Day or Salad Bar	Vegetable of the Day or Salad Bar
Dessert	Homemade Iced Vanilla Cupcake or Peaches & Fresh Cream (D, E & G)	Homemade Carrot Cake or Homemade Cookies (D, E & G)	Homemade Tottenham Cake or Arctic Roll (D, E & G)	Homemade Victoria Sponge or Homemade Biscuits (E & G)	Homemade Chocolate Brownie or Strawberry Ice-cream pot (D, E & G)

Allergens

Please ensure the school is aware of any allergens. Please contact school for alternative allergen options.

No nuts are present in any of our meals or in the preparation area, however some meals contain the following:

Milk (D)	Egg (E)	Gluten (G)	Celery (C)	Fish (F)	Mustard (M)	Soybean (S)
						

